



TRAFFORD  
COUNCIL



Trafford

Clinical Commissioning Group

# Transforming Mental Health Services in Trafford



NHS  
Trafford  
Clinical Commissioning Group

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# Local Transformation Plan



- Prevention and Early Intervention
- Improving Access
- Caring for the Most Vulnerable
- Accountability
- Workforce



# Local Transformation Plan



- Transparency
- Involvement of CYP
- Level of Ambition
- Early Intervention- links with stakeholders
- Governance



# Prevention



| What You Said   | What We Did   |
|---|---|
| There should be more services to help young people at an early stage    | CCG and Council invested in Bluesci project offering emotional wellbeing support at an early stage to children and young people who are experiencing difficulties.  |
| It is difficult to get information and know what services are out there | New website <a href="http://www.healthyyoungmindspennine.nhs.uk">www.healthyyoungmindspennine.nhs.uk</a> Healthy Young Minds (CAMHS) now see more people for a first appointment to give advice and signposting. Trafford's directory updated to include full range of services supporting emotional wellbeing. |
| More drop in centres and support from anonymous sources.                | Funding to 42 <sup>nd</sup> Street has increased so that they can offer support to more young people. School nurses offer sessions in all secondary schools. Trafford Talkshop continues to offer excellent drop ins.   |
| Other LTP priorities  | <ul style="list-style-type: none"> <li>• Review of apps for children and young people</li> <li>• Review of self-help literature</li> <li>• Postnatal depression DVD and promotion of group sessions</li> </ul>  |



# Access



| What You Said  | What We Did   |
|--|---|
| Waiting times are too long for mental health services.   | Healthy Young Minds (CAMHS) are adopting a new way of working called CAPA. CCG funded additional posts to bring down waiting times.   |
| HYM needs multi-agency rapid screening processes to reduce inappropriate referrals and re-referrals. | A multi-agency approach is being built in through a new post which will see HYM in the All Age Front Door. New multi-agency pathways will promote wider support at earlier stages and support professionals making a referral to HYM. |
| The CAMHS building should be more friendly   | Young people have directly influenced the environment at Oriel Court.   |
| More staff are needed to work in Healthy Young Minds (CAMHS).  | Funding has been given for new staff. Healthy Young Minds (CAMHS) have looked at their systems and resources to increase their capacity.  |
| Central point of access for all  | A new post has been funded to place a Healthy Young Minds (CAMHS) worker in the All Age Front Door from August 2016.  |



# Access



| What You Said  | What We Did  |
|--|--|
| Appointments offered at evenings and weekends.   | HYM is changing processes to enable flexible appointments. New eating disorders service will have appointments at evenings and weekends.       |
| There is currently no phone line for advice  | HYM is developing its consultation offer. This will give specific availability to discuss concerns around children and young people.           |
| Improved transition from CAMHS to adult services.  | New transition protocol written and a specific meeting held to see what can be improved for HYM transition.                                    |
| Trafford has no home treatment or services to prevent admission and step down from hospital. | Some step up/step down services will be available through HYM redesign. Home treatment will be part of eating disorders service.               |
| Implement the Thrive model of support so that there is a multi-agency approach               | HYM is developing its service towards the Thrive model. New pathways will be written with a multi-disciplinary approach e.g. new ADHD pathway. |





# Vulnerable Groups



| What You Said   | What We Did  |
|---|--|
| Better services for young people with an eating disorder                                | New service started on July 4 <sup>th</sup> and currently works with 16-18 year olds. It will work with under 16s in 2017 and will offer home treatment, group sessions, 1:1 support and support for parents and carers. |
| HYM needs to ensure it has sufficient ability to deal with increasingly complex cases.  | Spent funding on additional educational psychology services to diagnose ASD quicker. CAPA will help with specialist capacity.  |
| Develop clear and accessible pathways supported by criteria that people can understand. | All pathways are currently under review. The multi-agency ADHD pathway has been drafted.   |
| Improved crisis and out of hours care.  | Across Greater Manchester there are plans to develop out of hours care. New money from NHS England will support crisis pathways.   |



# Vulnerable Groups



| What You Said   | What We Did  |
|---|--|
| More support or specialist support for those children who are in care or adopted  | Children in Care team have scoped out costs to extend HYM support up to age 25.  |
| Need to develop multi-agency co-ordinated support for children and young people with complex needs who may not fit the criteria for certain services. | Work is taking place across social care to look at these children and young people collaboratively across teams. A meeting has been held with CAN, HYM and commissioning to understand some of the issues.   |
| Other LTP priorities:   | <ul style="list-style-type: none"> <li>• Keeping Families Together model supporting vulnerable children on the edge of care</li> <li>• Care and Treatment Reviews for CYP with LD and training for social work teams</li> <li>• Improved data and forecasting of learning difficulties CYP</li> <li>• Evaluation of early help services including CSE provision</li> </ul> |





# Workforce



| What You Said  | What We Did  |
|--|--|
| Professionals who work with children need more training on mental and emotional health issues. | Eating Disorder training planned. CCG have invested further money in training for 2016/17. Planned promotion of quality training available through MindEd <a href="http://www.minded.org.uk">www.minded.org.uk</a> . Trafford is also talking to other areas of GM to develop a single workforce development plan. |



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# Workforce



| What You Said   | What We Did   |
|---|---|
| Training is important to increase the awareness of HYM and what it can and can't provide. | A number of meetings are planned for HYM to talk to GPs, schools and other organisations. New pathways and information about the service and its changes will be circulated in the new year.                                    |
| Services should work better together  | A HYM member now sits on a BlueSci steering group to improve relationships with voluntary sector providers. A database containing 67 organisations has been created and is used by HYM and others as the main signposting tool. |
| Workforce strategy needed for HYM   | HYM have established a workforce strategy including a skills gap analysis, future planning for the workforce and training and development.  |
| Other LTP priorities  | <ul style="list-style-type: none"> <li>• Training and support survey completed for multi-agency workforce</li> <li>• Mapping of training offered across Trafford, GM and nationally</li> </ul>                                  |



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# Local Transformation Plan 2017/18 intentions



- Full transformation of Healthy Young Minds (CAMHS)
- Parenting
- School based support
- Perinatal support
- Inreach/outreach
- Data systems and outcomes





# Next Steps



- Approval of refreshed LTP by Health and Wellbeing Board
- Publish online 31<sup>st</sup> October
- Work with GM CCGs to develop a GM LTP and support collaborative initiatives
- Begin to develop a longer term transformation plan for CYP MH in Trafford



# Thank You



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